

Program Guide 2025



## **HEALTH & WELLBEING**

## COMMUNITY WALKING GROUP (a collaboration with Y&DMH) When: Mondays @ 10am Where: leaving from outside Yea Community House Cost: FREE For more information: YDMH hailey.docking@ydmh.org.au / 03 5736 0400 Or YCH info@yeahouse.org.au / 03 5797 3070 POWER PALS—Live Longer Live Stronger Join Power Pals strength-based training to find out how to improve your everyday movement and mobility. Date/Time: 4 classes per week, Tue & Thur 8am and 9am Cost: \$4/session Venue: Pioneer Reserve Contact: Barb 0438 180 299 / Di 0409 972 217 LINE DANCING—3 CLASSES AVAILABLE Strictly for fun! BEGINNER/IMPROVER LINE DANCING with Patricia When: Wednesdays Cost: \$4 pp/class Time: 10am-11am Where: Scots Church Hall Contact: Patricia 0432 016 103 **IMPROVER/INTERMEDIATE LINE DANCING** with Patricia When: Mondays Cost: \$4 pp/class time: 10-11am Where: Pioneer Reserve Hall Contact: Patricia 0432 016 103 ADVANCED ALL COUNTRY LINE DANCING with Joan and Robyn A group of advanced line dancers who meet to celebrate their love of dance. When: Tuesdays Cost: \$4 pp/class Time: 10-11.30am Where: Scots Church Hall Contact: Joan 0402 179 577 or Robyn 0413 562 096 MEDITATION, HEALING AND DISCUSSION GROUP A combination of chat, meditation, and alternative healing. Everyone welcome. When: Thursdays 10.30-12pm Cost: \$4 /session Contact: Jacqui 0418 978 483 Archie 0499 744 464 Where: Yea Community House **TABLE TENNIS** with Terry Pick up a bat and start to get fit and have fun with Table Tennis! Gentle fitness for everyone. Experience the robot ball serving machine! When: Wednesdays @ 7pm Cost: \$4/session Contact: Terry 0427 312 561 (\*no texts\*) Where: Pioneer Reserve Hall **TAI CHI with Lynda** Learn the gentle art of Tai Chi. Beginners and more experienced practitioners welcome. When: Mondays 9am-10am @ the YCH Lounge and Sundays 8.30am-9.00am (beginners) 9.00-9.30am (advanced) at the Pioneer Reserve Hall Contact: Yea Community House 5797 3070 **SOLO Flyers**

A monthly get together for ladies who live alone. Contact: Beverley 0427 558 071 When: Second Friday of the month from 2-4pm Where: Yea Community House Lounge Cost: \$4pp

# **ART & CRAFT**

## **GLENBURN CRAFT CLUB**

A group of craft enthusiasts, attempting all forms of craft.

Date: Tuesdays Time: 10am -12pm Contact: Marg () Venue: Old School Hall, Melba Hwy, Glenburn Cost: \$4/ session

#### **UFO's—UnFinished Objects**

Do you want a time to make yourself sit down and finish those craft items you have started over the years? Want to get those unfinished objects done? Enjoy some company and relax whilst you work on your PHD (Projects Half Done). Why not join the UFOs on Wednesdays at the Pioneer Reserve from 12-3.30pm. Bring your colouring, knitting, painting and more! When: Wednesdays Time: 12.00-3.00pm Cost: \$4 Contact: Carol 0413 185 485 Venue: Pioneer Reserve Yea

### YEA SPIN & YARN!

For new and experienced spinners....

Would you like to learn to spin your own yarns? Are you a spinner ready to join a friendly social group sharing your interest? - ALL WELCOME

When: Wednesdays 9.30am-3:30pm @ Pioneer Reserve (old School behind pool) Cost: \$4pp Contact: Lyn 0418 443 777 or Taya 0434 032 596

# SPECIAL INTEREST

'The Book Readers' Guide to the Universe' (a collaboration with Yea Library/MSC)

A guided reading group for adventurous readers aged 12-16, with a focus on sci fi and speculative fiction. AND there will be snacks! **When:** Wednesdays Time: 3.45-4.45pm **Venue:** Yea Library **Cost:** FREE

#### FRIENDS OF YEA CEMETERY

Our aim and vision is for the cemetery precinct to be beautified through improving gardens and access areas. We would like to see the cemetery become a place of attractive recreational use for walking, contemplation for community and a place of information for families and visitors looking to discover aspects of our local pioneer history. *New members are most welcome*. **Contact:** Judy 0409 701 916

## YEA BEE CLUB

We are a small enthusiastic group of people who enjoy getting together to discuss the world of bees. Everyone is welcome, come along if you have an interest in keeping bees and would like more information. **When:** Meeting on the second Sunday of every second month. Cost: \$4 pp **Contact:** Mary Priestley on 0408 270 854 **Where:** Yea Community House

### Dungeons and Dragons Club with Kerry (12+)

Have you ever wanted to try Dungeons and Dragons? Our adventures are unique and theme around small groups and beginner levels of play. Each week we ill have an activity connected to Dungeons and Dragons that starts straight after an afternoon tea that is provided. There will be challenges and competitions throughout the term and a planned School Holiday Event. For more information email: kbtutorandlearning@gmail.com

When: Thursdays 6.00-8.30pm - \$10 including dinner and game supplies (experienced players only) Location: Pioneer Reserve Hall

## Lego Club (a collaboration with Yea Library/MSC)

Lego Club is here in Yea! A collaboration with Yea Community House and Yea Library means we can finally offer Lego Club to our after-school crowd. Join us at the library for challenges, world-building and wonder. We provide the Lego, we work together to build FABULOUS creations, everyone leaves with a photo of their build and we all do it again the following week. For primary aged children.

When: Mondays (during school term) Time: 3.30-4.30pm Cost: FREE Location: Yea Library For more information: info@yeahouse.org.au / 5797 3070

#### Mahjong (beginners welcome)

Are you looking for something fun and interesting to do? Have you got free time on Wednesdays 2-4pm? Come along and learn to play Mahjong for fun. No scoring. Just a group who meet once a week to help keep the brain active and enjoy company. For more information: Vivien 0429032924 or Julie 0409168469 When: Wednesdays Time: 2-4pm Cost: \$4pp Location: YCH



PH: 03 5797 3070 Email: info@yeahouse.org.au Website: www.yeahouse.org.au Office Hours: Tue-Thur 8.30am to 3pm